

### About The Stables:

Riverdale Stables is the premier riding facility in the 5 boroughs of New York, offering lessons year round at all levels.

The facility boasts over 80 box stalls, indoor and outdoor wash stalls, many turnout paddocks, a large indoor arena, along with four lighted outdoor rings—including a grass hunt course.

Both a riding academy and a boarding facility, Riverdale is located just 15 minutes North of Manhattan, set on 20+ acres inside of scenic Van Cortlandt Park in the Riverdale Section of the Bronx.

Riverdale Stables maintains between 20-30 lesson horses of varying levels. Our purpose is to expose children and adults to English Riding in a safe and fun environment. For those wishing to pursue riding further, we offer an Interscholastic Riding Team, Drill Team, Show Team, Leasing, Sales and Boarding of private horses.

### Summer Program:

Summer Program runs Riverdale all summer, 9 AM to 4 PM, Monday through Friday. Gates open at 8:45 AM for drop off.

Students need to be comfortable at the walk and trot in order to qualify for the minimum level of Summer Program. Students not currently riding at Riverdale should schedule an evaluation lesson before enrolling in Summer Program.

Riverdale Stables has its own indoor ring, 85 stalls, indoor and outdoor wash stalls for the horses, lounge for rainy day activities, three lighted outdoor arenas, plus a grass hunt course, and more—all connected to the trails within Van Cortlandt Park.

Our Summer Program day is broken up into periods of riding, barn time, and game time, most days including arts and crafts.

# SUMMER PROGRAM

**Riding Lessons**—Riders lesson daily in groups broken down according to riding level. Our teachers are career riding instructors from our year round lesson program. They bring their wealth of knowledge and experience to the learning process—along with a sense of fun and humor to make learning to ride a truly positive experience. Lessons consist of both flatwork and jumping when level appropriate; and follow the curriculum set by our Academy Director. Each rider will ride in a program that is designed to bring out the best in each child and let them progress at their own natural pace. Safety and proper progression for each individual rider is our policy. Learning to ride is not a race and we are looking to create solid and balanced riders who understand the basic principals of horsemanship— along with being able to laugh and have fun with the horses and each other!

**Horsemanship**—Riders learn the skills to care for and manage their assigned horses as they join us in the daily barn duties. Grooming, tacking, bathing, basic healthcare, feeding, nutrition and stable management are all topics that will be covered—with a healthy dose of FUN thrown in! Kids love learning all about taking care of their beloved animals and we are firm believers that kids learn best by doing. Each Rider will have the opportunity to get hands-on time in the barn and will learn from equine professionals.

**Free Period Riding**—Each rider will lesson on their assigned mount in the morning. Afternoons often include riders being given the opportunity to “hack”- which is to ride independently on the flat. While all of our hack periods are closely supervised by staff, we often allow riders to ride their horses in an independent setting to experience the fun of having a horse of one’s own—without the commitment. For those riders not ready to hack, they will participate in further horsemanship and horsey games. No rider will ever ride alone; but we allow the riders to feel a sense of autonomy in their hack periods as they practice the techniques being taught in their lessons.

**Games and Activities**—Each week is packed with games and activities that have been carefully planned by our staff. Popular activities are: Arts and Crafts, Gymkhana Day, Summer Program Olympics, Scavenger Hunt, and other games that are designed to make riders feel connected to each other and their barn.

**Summer Program Horse Shows**—Our riders may participate in informal horse shows throughout the summer. Each rider gets to ride and compete for titles such as “Best Posting” and “Best Canterng”. Riders get to see what it’s like to be a Horse Show Announcer, and a Horse Show Judge. It’s an afternoon full of fun for all!

**Supplies**—Riders lesson in riding clothes - including a fitted ASTM/SEI helmet, breeches and paddock boots. Half chaps are suggested for all, and Safety Vests are *required* for all jumping riders. Riders must bring a packed lunch,.

**Summer Leasing**—Summer leasing is for our more experienced riders who are ready to be independent with a horse of their own! Riders age 12 and up with instructor approval can lease their favorite school horse in the afternoons. Summer leasing occurs in July and August based upon availability and suitability. Riders are matched to horses by ability. Hours are 12:00 PM to 5:00 PM Monday through Friday. Riders will groom and hack their horses, and lesson twice each week. Cost is \$850 per week and includes farrier, vet, and all associated costs.

**What Sets Riverdale Stables Apart-** An equestrian oasis tucked away in the corner of Van Cortlandt Park, Riverdale Stables is a one-of-a-kind bit of the country in the city. The premier destination for NYC’s horse people, the stables boasts open green grazing space, groomed daily indoor and outdoor arenas, turnout paddocks and a barn with heated tack rooms and updated stalls. Plus, it’s accessible just minutes from public transit. We are proud to offer programs for the riders of New York City who do not own horses, but want the hands-on opportunities to ride and learn horsemanship. Afterschool programs, Therapeutic Riding, Interscholastic Team, Summer Program and Lessons for all levels of riders from novice to International Competition, Riverdale Stables is “Where New York City Learns to Ride!”



RIVERDALE STABLES  
"Where NYC Learns to Ride!"

# Summer Program Schedule 2021

\$825 Per Week Full Day 9am to 4pm

## July 2021

Week One  
June 28th—July 2nd

Week Two  
July 5th—July 9th

Week Three  
July 12th—16th

Week Four  
July 19th—July 23rd

Week Five  
July 26th—July 30th

## August 2021

Week Six  
August 2nd—Aug 6th

Week Seven  
August 9th—August 13th

Week Eight  
August 16th—August 20th

Week Nine  
August 23rd—August 27th

A non-refundable deposit of \$400 per session is required to secure enrollment in Summer Program.

10% discount off total cost for riders enrolled in four or more consecutive weeks!



## What Is Needed For Summer Program?

Summer Program is a messy affair.

We end each day dirty, tired and often wet!

Riders are expected to ride in riding clothes,

Including:

- Face Covering
- Riding Gloves
- An ASTM Approved Riding Helmet
- Paddock Boots/Half Chaps
- T Shirt, Shorts, and sneakers for games and non-riding activities
- Snack money if desired



## Directions:

### Henry Hudson Parkway East/North:

Exit 23B, US 9-N/New York 9A N/Broadway. End of ramp turn right onto Broadway northbound. 1/4 mile to first traffic light at Mosholu Ave, turn right. Follow driveway past Parks Department on left. Parking lot on right. After parking, proceed through gate, following path to the left to the office.

### Saw Mill Parkway Southbound:

At end of Saw Mill Parkway, keep right at the fork to continue onto Henry Hudson Parkway South. Take Exit 23, US 9-N/New York 9A N/Broadway. End of ramp merge right onto Broadway. 1/4 mile to Mosholu Ave, turn right. Follow driveway past Parks Department on left. Parking lot on right. After parking, proceed through gate, following path to the left to the office.

### Cross County Parkway West

Take the Cross County Parkway West to end. Take Saw Mill Parkway S Exit on Left toward New York City. Continue onto the Henry Hudson Parkway South. Follow directions for Saw Mill Parkway Southbound

### Public Transportation:

From Manhattan take the 1 Train towards Van Cortlandt Park—242nd Street to the end. Just off the Subway platform, transfer to the Bx9 towards Riverdale 262 St, 5 stops to Broadway—W 256th Street. Just a short walk to the stables, which are visible from the bus stop, continue through the gate, following path up to left to the office.

### *Riverdale Stables*

*6100 Mosholu Ave*

*Bronx, NY 10471*

*Phone: (718) 548-4848*

*Info@RiverdaleStables.com*

*www.RiverdaleStables.com*

*“Where New York City Learns to Ride!”®*

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# SUMMER PROGRAM



*English Riding Summer Program!*

*Girls & Boys Age 6 and Up!*

*Daily Riding Instruction*

*Arts & Crafts*

*Stable Management*

*& Horsemanship*

*Indoor and Outdoor Arenas*

*All In The Heart of*

*New York City*

