

Summer Program Schedule 2019

\$750 Per Week Full Day 8:30 to 4:30

July 2019

Week One

July 1st—July 5th

No Camp July 4th

Week Two

July 8th—July 12th

Week Three

July 15th—July 19th

Week Four

July 22nd—July 26th

August 2019

Week Five

July 29th—August 2nd

Week Six

August 5th—August 9th

Week Seven

August 12th—August 16th

Week Eight

August 19th—August 23rd

A non-refundable deposit of \$300 per session is required to secure enrollment in Summer Program.

\$100 discount off total cost for riders enrolled in four or more weeks! \$250 discount off total cost for riders enrolled in all eight weeks!



What Is Needed For Summer Program?

Summer Program is a messy affair.

We end each day dirty, tired and often wet!

Riders are expected to ride in riding clothes,

Including:

- An ASTM Approved Riding Helmet
- Paddock Boots/Half Chaps
- A Grooming Kit*
- T Shirt, Shorts, and sneakers for games and non-riding activities
- Snack money if desired

*Available at Front Desk



Directions:

Henry Hudson Parkway East/North:

Exit 23B, US 9-N/New York 9A N/Broadway. End of ramp turn right onto Broadway northbound. 1/4 mile to first traffic light at Mosholu Ave, turn right. Follow driveway past Parks Department on left. Parking lot on right. After parking, proceed through gate, following path to the left to the office.

Saw Mill Parkway Southbound:

At end of Saw Mill Parkway, keep right at the fork to continue onto Henry Hudson Parkway South. Take Exit 23, US 9-N/New York 9A N/Broadway. End of ramp merge right onto Broadway. 1/4 mile to Mosholu Ave, turn right. Follow driveway past Parks Department on left. Parking lot on right. After parking, proceed through gate, following path to the left to the office.

Cross County Parkway West

Take the Cross County Parkway West to end. Take Saw Mill Parkway S Exit on Left toward New York City. Continue onto the Henry Hudson Parkway South. Follow directions for Saw Mill Parkway Southbound

Public Transportation:

From Manhattan take the 1 Train towards Van Cortlandt Park—242nd Street to the end. Just off the Subway platform, transfer to the Bx9 towards Riverdale 262 St, 5 stops to Broadway—W 256th Street. Just a short walk to the stables, which are visible from the bus stop, continue through the gate, following path up to left to the office.

Riverdale Stables

6100 Mosholu Ave

Bronx, NY 10471

Phone: (718) 548-4848

Info@RiverdaleStables.com

www.RiverdaleStables.com

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SUMMER PROGRAM



English Riding Summer Program!

Girls & Boys Age 6 and Up!

Daily Riding Instruction

Arts & Crafts

Stable Management

& Horsemanship

Indoor and Outdoor Arenas

All In The Heart of

New York City



About The Stables:

Riverdale Stables is the premier riding facility in the 5 boroughs of New York, offering lessons year round at all levels.

The facility boasts over 80 box stalls, indoor and outdoor wash stalls, many turnout paddocks, a large indoor arena, along with four lighted outdoor rings—including a grass hunt course.

Both a riding academy and a boarding facility, Riverdale is located just 15 minutes North of Manhattan, set on 20+ acres inside of scenic Van Cortlandt Park in the Riverdale Section of the Bronx.

Riverdale Stables maintains between 20-30 lesson horses of varying levels. Our purpose is to expose children and adults to English Riding in a safe and fun environment. For those wishing to pursue riding further, we offer an Interscholastic Riding Team, Drill Team, Show Team, Leasing, Sales and Boarding of private horses.

Summer Program:

Summer Program runs Riverdale all summer, 8:30 AM to 4:30 PM, Monday through Friday. Gates open at 8:15 AM for drop off.

Students need to be comfortable at the walk and trot in order to qualify for the minimum level of Summer Program. Students not currently riding at Riverdale should schedule an evaluation lesson before enrolling in Summer Program.

Riverdale Stables has its own indoor ring, 85 stalls, indoor and outdoor wash stalls for the horses, lounge for rainy day activities, three lighted outdoor arenas, plus a grass hunt course, and more—all connected to the trails within Van Cortlandt Park.

Our Summer Program day is broken up into periods of riding, barn time, and game time, including arts and crafts.

SUMMER PROGRAM

Riding Lessons—Riders lesson daily in groups broken down according to riding level. Our teachers are career riding instructors from our year round lesson program. They bring their wealth of knowledge and experience to the learning process—along with a sense of fun and humor to make learning to ride a truly positive experience. Lessons consist of both flatwork and jumping when level appropriate; and follow the curriculum set by our Academy Director. Each rider will ride in a program that is designed to bring out the best in each child and let them progress at their own natural pace. Safety and proper progression for each individual rider is our policy. Learning to ride is not a race and we are looking to create solid and balanced riders who understand the basic principals of horsemanship—along with being able to laugh and have fun with the horses and each other!

Horsemanship—Riders learn the skills to care for and manage their assigned horses as they join us in the daily barn duties. Grooming, tacking, bathing, basic healthcare, feeding, nutrition and stable management are all topics that will be covered—with a healthy dose of FUN thrown in! Kids love learning all about taking care of their beloved animals and we are firm believers that kids learn best by doing. Each Rider will have the opportunity to get hands-on time in the barn and will learn from equine professionals.

Free Period Riding—Each rider will lesson on their assigned mount in the morning. Afternoons often include riders being given the opportunity to “hack”—which is to ride independently on the flat. While all of our hack periods are closely supervised by staff, we often allow riders to ride their horses in an independent setting to experience the fun of having a horse of one's own—without the commitment. For those riders not ready to hack, they will participate in further horsemanship and horsey games. No rider will ever ride alone; but we allow the riders to feel a sense of autonomy in their hack periods as they practice the techniques being taught in their lessons.

Games and Activities—Each week is packed with games and activities that have been carefully planned by our staff. Popular activities are: Arts and Crafts, Pony Auction, Pony Wedding, Paint the Pony game, Gymkhana Day, Summer Program Olympics, Scavenger Hunt, and other games that are designed to make riders feel connected to each other and their barn.

Summer Program Horse Shows—Our riders participate in informal horse shows throughout the summer. Each rider gets to ride and compete for titles such as “Best Posting” and “Best Canter”. Riders get to see what it's like to be a Horse Show Announcer, and a Horse Show Judge. It's an afternoon full of fun for all!

Supplies—Riders lesson in riding clothes - including a fitted ASTM/SEI helmet, breeches and paddock boots. Riders also purchase their own “Grooming Kit”, which includes all of the tools necessary for grooming a horse. These are available at the front desk. Half chaps are suggested for all, and Safety Vests are *required* for all jumping riders. Riders should bring a bathing suit and towel on days when the water slide will be set up, and a change of clothes for non-riding activities. Full day riders must bring a packed lunch, and half day riders should bring a snack or a packed lunch.

Summer Leasing—Summer leasing is for our more experienced riders who are ready to be independent with a horse of their own! Riders age 12 and up with instructor approval can lease their favorite school horse in the afternoons. Summer leasing occurs in July and August based upon availability and suitability. Riders are matched to horses by ability. Hours are 12:00 PM to 5:00 PM Monday through Friday. Riders will groom and hack their horses, and lesson twice each week. Cost is \$750 per week and includes farrier, vet, and all associated costs.

What Sets Riverdale Stables Apart—An equestrian oasis tucked away in the corner of Van Cortlandt Park, Riverdale Stables is a one-of-a-kind bit of the country in the city. The premier destination for NYC's horse people, the stables boasts open green grazing space, groomed daily indoor and outdoor arenas, turn out paddocks and a barn with heated tack rooms and updated stalls. Plus, it's accessible just minutes from public transit. We are proud to offer programs for the riders of New York City who do not own horses, but want the hands-on opportunities to ride and learn horsemanship. Afterschool programs, Therapeutic Riding, Interscholastic Team, Summer Program and Lessons for all levels of riders from novice to International Competition, **Riverdale Stables is “Where New York City Learns to Ride!”**



RIVERDALE STABLES
"Where NYC Learns to Ride!"